



PROGRAM

Our Gymsports

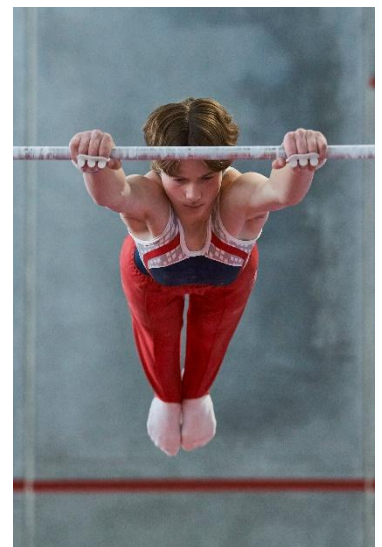


WAG

Women's Artistic Gymnastics

MAG

Men's Artistic Gymnastics



**TRP—Trampoline
Individual
Synchronised**



**TUM
Tumbling**



**DMT
Double Mini**

GT Senior State Championships

Opening Ceremony

OPENING CEREMONY— SATURDAY 16TH MAY, 1.50PM

MARCH IN OF GYMNASTS:

- WAG—LEVEL 8, 9, 10, DEVELOPING INTERNATIONAL
- MAG—LEVEL 9 U18, LEVEL 9 OPEN, LEVEL 10 OPEN
- TRAMPOLINE—INTERNATIONAL TRAMPOLINE - JUNIOR AND SENIOR

NATIONAL ANTHEM

ACKNOWLEDGEMENT TO COUNTRY

WELCOME

CHRIS MORGAN – PRESIDENT Kingborough and Clarence Gymnastics Associations

FIG (FEDERATION OF INTERNATIONAL GYMNASTICS)

OATHS AND CODES OF BEHAVIOUR

GYMNASTS' OATH:

READ BY — Keira Harding (WAG International Athlete of the Year)

OFFICIALS' OATH:

READ BY — Tamara Schwank (GfA Official of the Year)

Event Staff

Championships Coordinator: Gymsports Management

Host Club: Kingborough Gymsports

Event Manager: Jo Penny

Floor Manager: Bond Larkin

WAG/MAG Event Announcer: Heike Mumford

TRP Event Announcer: Gideon Cordover

Medical: Back in Motion



Official Photographer: PHOTOGRAPH TASMANIA

<https://www.photographtasmania.com.au/events>

PHOTOGRAPHY AT THE EVENT:

Gymnastics Tasmania/Gymsports Management acknowledges that family and friends wish to take their own images for memories from the Championships and this is supported. However, sale of these images or recordings is not permitted. Gymnastics Tasmania/Gymsports Management reserves the right to remove individuals from an event if they refuse to adhere to these rules.

For the safety of the gymnasts, please:

- Only take videos and photos from the spectator area. Do not enter the competition area to take a video/photo
- Do not use flash photography as an unexpected flash may distract the gymnast and lead to injury

Saturday Session 1

Women's Gymnastics

Level 7 – Team Events

SESSION 1 - LEVEL TLP/ALP 7					
SATURDAY 16TH MAY					
9.00AM-12.00PM					
GROUP	LEVEL	CLUBS			TOTAL #
GROUP 1	L7	EGA (TLP7-4, ALP7-2)			6
GROUP 2	L7	ZGC (TLP7-3, ALP7-4)			7
GROUP 3	L7	CG (ALP7-9)			9
GROUP 4	L7	CG (TLP7-5)/DGC (TLP7-1, ALP7-2)			8
GROUP 5	L7	KG (ALP7-5)/PCYCN(TLP7-1, ALP7-3)			9
9.00-9.20	SESSION 1 - GENERAL WARM UP				
9.20-9.30	MARCH IN				
9.30-10.00	COMPETE APPARATUS 1				
WARM UP	2 TOUCH	1 TOUCH	1 MIN CANADIAN	5 MINS PER GROUP	
	VAULT	BARS	BEAM	FLOOR	REST
	Group 1	Group 2	Group 3	Group 4	Group 5
10.00-10.30	COMPETE APPARATUS 2				
WARM UP	2 TOUCH	1 TOUCH	1 MIN CANADIAN	5 MINS PER GROUP	
	Group 5	Group 1	Group 2	Group 3	Group 4
10.30-11.00	COMPETE APPARATUS 3				
WARM UP	2 TOUCH	1 TOUCH	1 MIN CANADIAN	5 MINS PER GROUP	
	Group 4	Group 5	Group 1	Group 2	Group 3
11.00-11.30	COMPETE APPARATUS 4				
WARM UP	2 TOUCH	1 TOUCH	1 MIN CANADIAN	5 MINS PER GROUP	
	Group 3	Group 4	Group 5	Group 1	Group 2
11.30-12.00	COMPETE APPARATUS 5				
WARM UP	2 TOUCH	1 TOUCH	1 MIN CANADIAN	5 MINS PER GROUP	
	Group 2	Group 3	Group 4	Group 5	Group 1
12.00PM	AWARD CEREMONY - SESSION 1 TEAMS (LEVEL 7)				

Saturday Session 2

Women's Gymnastics

Level 8, 9, 10, Developing International – Team Events

SESSION 2 - LEVEL TLP/ALP 8,9,10 AND DEVELOPING INTERNATIONAL					
SATURDAY 16TH MAY					
12.40PM-4.10PM					
GROUP	LEVEL	CLUBS			TOTAL #
GROUP 1	L9,10	PCYCN (TLP8-1, ALP8-1)/DGC (TLP8-2, ALP9-1, ALP10-2)			7
GROUP 2	L8,9,10	KG (A9-5, A10-2)			7
GROUP 3	L8,9,10, DI	EGA (TLP8-4, ALP8-1)/ZGC (ALP8-1, TLP9-1, ALP10-1, DI-1)			9
GROUP 4	L9,10	CG (TLP9-1, ALP8 - 1,ALP9-1/KG (TLP8-1, ALP8-4)			8
12.40-1.00	SESSION 1 - GENERAL WARM UP				
	WARM UP APPARATUS				
	VAULT	BARS	BEAM	FLOOR	
1.00-1.12	Group 4	Group 1	Group 2	Group 3	
1.12-1.24	Group 3	Group 4	Group 1	Group 2	
1.24-1.36	Group 2	Group 3	Group 4	Group 1	
1.36-1.48	Group 1	Group 2	Group 3	Group 4	
1.50-2.10	MARCH IN AND OPENING				
	COMPETE APPARATUS				
	VAULT	BARS	BEAM	FLOOR	
2.10-2.40	Group 1	Group 2	Group 3	Group 4	
2.40-3.10	Group 4	Group 1	Group 2	Group 3	
3.10-3.40	Group 3	Group 4	Group 1	Group 2	
3.40-4.10	Group 2	Group 3	Group 4	Group 1	
4.10PM	AWARD CEREMONY - SESSION 2 TEAMS (LEVELS 8,9)				

Saturday Session 3

Women's Gymnastics

Level 7 – Individual Events

SESSION 3 - LEVEL TLP/ALP 7					
SUNDAY 17TH MAY					
8.30AM-11.30PM					
GROUP	LEVEL	CLUBS			TOTAL #
GROUP 1	L7	CG (ALP7-9)			9
GROUP 2	L7	KG (ALP7-5)/PCYCN(TLP7-1, ALP7-3)			9
GROUP 3	L7	EGA (TLP7-4, ALP7-2)			6
GROUP 4	L7	CG (TLP7-5)/DGC (TLP7-1, ALP7-2)			8
GROUP 5	L7	ZGC (TLP7-3, ALP7-4)			7
8.30-8.50	SESSION 1 - GENERAL WARM UP				
8.50-9.00	MARCH IN				
9.00-9.30	COMPETE APPARATUS 1				
WARM UP	2 TOUCH	1 TOUCH	1 MIN CANADIAN	5 MINS PER GROUP	
	VAULT	BARS	BEAM	FLOOR	REST
	Group 1	Group 2	Group 3	Group 4	Group 5
9.30-10.00	COMPETE APPARATUS 2				
WARM UP	2 TOUCH	1 TOUCH	1 MIN CANADIAN	5 MINS PER GROUP	
	Group 5	Group 1	Group 2	Group 3	Group 4
10.00-10.30	COMPETE APPARATUS 3				
WARM UP	2 TOUCH	1 TOUCH	1 MIN CANADIAN	5 MINS PER GROUP	
	Group 4	Group 5	Group 1	Group 2	Group 3
10.30-11.00	COMPETE APPARATUS 4				
WARM UP	2 TOUCH	1 TOUCH	1 MIN CANADIAN	5 MINS PER GROUP	
	Group 3	Group 4	Group 5	Group 1	Group 2
11.00-11.30	COMPETE APPARATUS 5				
WARM UP	2 TOUCH	1 TOUCH	1 MIN CANADIAN	5 MINS PER GROUP	
	Group 2	Group 3	Group 4	Group 5	Group 1
11.45AM	AWARD CEREMONY - SESSION 3 INDIVIDUAL (LEVEL 7)				

Sunday Session 4

Women's Gymnastics

Level 8, 9, 10, Developing International – Individual Events

SESSION 4 - LEVEL TLP/ALP 8,9,10 AND DEVELOPING INTERNATIONAL					
SUNDAY 17TH MAY					
12.40PM-3.50PM					
GROUP	LEVEL	CLUBS			TOTAL #
GROUP 1	L8,9,10, DI	EGA (ALP8-1, TLP8-4)/ZGC (ALP8-1, TLP9-1, ALP10-1, DI-1)			9
GROUP 2	L8,9,10	CG (ALP8 - 1,TLP9-1, ALP9-1/KG (TLP8-1, ALP8-4)			8
GROUP 3	L8,9	LPCYC (TLP8-1, ALP8-1)/DGC (TLP8-2, ALP9-1, ALP10-2)			7
GROUP 4	L9,10	KG (A9-5, A10-2)			7
12.40-1.00	SESSION 1 - GENERAL WARM UP				
	WARM UP APPARATUS				
	VAULT	BARS	BEAM	FLOOR	
1.00-1.12	Group 4	Group 1	Group 2	Group 3	
1.12-1.24	Group 3	Group 4	Group 1	Group 2	
1.24-1.36	Group 2	Group 3	Group 4	Group 1	
1.36-1.48	Group 1	Group 2	Group 3	Group 4	
	MARCH IN AND COMPETE APPARATUS				
	VAULT	BARS	BEAM	FLOOR	
1.50-2.20	Group 1	Group 2	Group 3	Group 4	
2.20-2.50	Group 4	Group 1	Group 2	Group 3	
2.50-3.20	Group 3	Group 4	Group 1	Group 2	
3.20-3.50	Group 2	Group 3	Group 4	Group 1	
4.00PM	AWARD CEREMONY - SESSION 4 INDIVIDUAL (LEVELS 8,9,10,DI)				

Saturday Session 1 Men's Gymnastics Level 7 – Teams Events

SESSION 1 - LEVEL 7						
SATURDAY 16TH MAY 9.00AM-12.00PM						
GROUP	LEVEL	CLUBS				TOTAL #
GROUP 1	L70	KG (L70-6), HPCYC (L70-1)				7
9.00-9.20 <i>SESSION 1 - GENERAL WARM UP</i>						
9.20-9.30 <i>MARCH IN AND COMPETE APPARATUS</i>						
	FX	PH	SR	VT	PB	HB
9.30-9.55	Group 1					
9.55-10.20		Group 1				
10.20-10.45			Group 1			
10.45-11.10					Group 1	
11.10-11.35						Group 1
11.35-12.00				Group 1		
12.00PM <i>AWARD CEREMONY - LEVEL 7 TEAMS</i>						

Sunday Session 2 Men's Gymnastics Level 9, 10

SESSION 2 - LEVEL 9,10						
SATURDAY 16TH MAY 12.30PM-4.10PM						
GROUP	LEVEL	CLUBS				TOTAL #
GROUP 1	9U, 90, 100	KG (L9U-1, L90-3, L100-1)				5
12.30-12.50 <i>SESSION 1 - GENERAL WARM UP</i>						
<i>WARM UP APPARATUS</i>						
	FX	PH	SR	VT	PB	HB
12.50-1.00				Group 1		
1.00-1.10		Group 1				
1.10-1.20			Group 1			
1.20-1.30					Group 1	
1.30-1.40						Group 1
1.40-1.50	Group 1					
1.50-2.10 <i>MARCH IN AND OPENING</i>						
<i>COMPETE APPARATUS</i>						
	FX	PH	SR	VT	PB	HB
2.10-2.30	Group 1					
2.30-2.50		Group 1				
2.50-3.10			Group 1			
3.10-3.30					Group 1	
3.30-3.50						Group 1
3.50-4.10				Group 1		
4.10PM <i>AWARD CEREMONY</i>						

Saturday Session 3 Men's Gymnastics Level 7 – Individual Events

SESSION 3 - LEVEL 7						
SUNDAY 17TH MAY 8.30AM-11.30AM						
GROUP	LEVEL	CLUBS				TOTAL #
GROUP 1	L70	KG (L70-6), HPCYC (L70-1)				7
8.30-8.50 <i>SESSION 1 - GENERAL WARM UP</i>						
8.50-9.00 <i>MARCH IN AND COMPETE APPARATUS</i>						
	FX	PH	SR	VT	PB	HB
9.00-9.25	Group 1					
9.25-9.50		Group 1				
9.50-10.15			Group 1			
10.15-10.40					Group 1	
10.40-11.05						Group 1
11.05-11.30				Group 1		
11.45AM <i>AWARD CEREMONY - LEVEL 7 INDIVIDUAL</i>						

Sunday Session 4 Men's Gymnastics Level 9, 10 Individual Events

SESSION 4 - LEVEL 9,10						
SUNDAY 17TH MAY 12.30PM-3.50PM						
GROUP	LEVEL	CLUBS				TOTAL #
GROUP 1	9U, 90, 100	KG (L9U-1, L90-3, L100-1)				5
12.30-12.50 <i>SESSION 1 - GENERAL WARM UP</i>						
<i>WARM UP APPARATUS</i>						
	FX	PH	SR	VT	PB	HB
12.50-1.00				Group 1		
1.00-1.10		Group 1				
1.10-1.20			Group 1			
1.20-1.30					Group 1	
1.30-1.40						Group 1
1.40-1.50	Group 1					
<i>MARCH IN AND COMPETE APPARATUS</i>						
	FX	PH	SR	VT	PB	HB
1.50-2.10	Group 1					
2.10-2.30		Group 1				
2.30-2.50			Group 1			
2.50-3.10					Group 1	
3.10-3.30						Group 1
3.30-3.50				Group 1		
4.00PM <i>AWARD CEREMONY - LEVELS 9,10 INDIVIDUAL</i>						

Trampoline Gymnastics

Saturday Session 1 | Session 2

TRAMPOLINE GYMNASTICS	
SATURDAY 16TH MAY	
SESSION 1	
9.00AM-12.00PM	Junior U17, 17+ Women's Tumbling Senior Men's Tumbling National Level 7 Women's Tumbling Youth U13 Men's Tumbling Youth U13, U15 Women's Tumbling Junior Synchronised Trampoline Senior Synchronised Trampoline
12.00PM	AWARD CEREMONY SESSION 1
SESSION 2	
1.30-1.50PM	GENERAL WARM UP Trampoline and Double Mini
1.50PM	MARCH IN AND OPENING
	Senior Men's Trampoline Junior 17+ Men's Trampoline Junior 17+ Women's Trampoline Senior Women's Trampoline Junior 17+ Men's Double Mini Junior 17+ Women's Double Mini Senior Men's Double Mini Senior Women's Double Mini
5.20PM	AWARD CEREMONY SESSION 2

Trampoline Gymnastics

Sunday Session 4

TRAMPOLINE GYMNASTICS		
SUNDAY 17TH MAY		
SESSION 4		
12.30PM-4.00PM	National Level 5 Synchronised Trp National Level 6 Synchronised Trp National Level 7 Synchronised Trp Youth Synchronised Trp Youth U13, U15 Men's Trampoline Youth U13 Women's Trampoline Junior U17 Men's Trampoline Junior U17 Women's Trampoline National 5, 6, 7 Men's Trampoline National 5 Women's Trampoline	National Level 5, 6 Women's Tum National Level 6 Men's Tum National Level 5, 6, 7 Men's DMT National Level 5 Women's DMT Youth U13, U15 Men's DMT Youth U13 Women's DMT Junior U17 Men's DMT Junior U17 Women's DMT
4.00PM	AWARD CEREMONY SESSION 4	

2025 Gymnastics Tasmania Club Awards

Excellence Award in Club Facility and Promotion
Circular Head Gymnastics Club

Excellence Award in Community Engagement and Inclusion
Wynyard Gymnastics Club

Small Club Excellence Award
Velocity Gymnastics

Maureen Norris General Gymnastics Award
Velocity Gymnastics



2025 Gymnastics Tasmania Officials of the Year

GfA Coach of the Year
Tamara Schwanck

MAG Official of the Year
Lars Becker

WAG Official of the Year
Leah Englund

TRP Official of the Year
Rose Bowerman



2025

Gymnastics Tasmania

Athletes of the Year

MAG - Senior Athlete of the year - Kobi Gray
MAG - Junior Athlete of the year - Harrison Weltman

WAG - International Athlete of the year - Keira Harding
WAG - Senior Athlete of the year - Aimee Chen
WAG - Junior Athlete of the year (L3-4) - Xiao Lin ZHU
WAG - Junior Athlete of the year (L5-6) - Izzy Arnol

RG - Senior Athlete of the year - Bethany Harvey & Angus Tracey
RG - Junior Athlete of the year - Kira Shkarlet

TRP - Senior Male Athlete of the year - Matthew French
TRP - Senior Female Athlete of the year - Amber French
TRP - Junior Male Athlete of the year - River Mallam
TRP - Junior Female Athlete of the year - Madison McCulloch



2025

Gymnastics Tasmania

Good Sportsperson of the Year

Good Sportsperson Award - WAG
Hannah Nichols

Good Sportsperson Award - MAG
Lachlan Kemmis-Cole

Good Sportsperson Award - RG
Emily Street

Good Sportsperson Award - TRP
Axel Murden

Good Sportsperson Award - TUM
Zara Jones

Good Sportsperson Award - GfA
Felicity Nichols



2025

Gymnastics Tasmania

Bob Wherrett Award

This award aims to recognise the outstanding performance and/or the significant and meritorious contribution to gymnastics in Tasmania over at least FIVE years of an: athlete, official or volunteer.

Areas to address may include, but are not restricted to:

- Competitive Achievements
- Exemplifying qualities
- Service to gymnastics – official or volunteer



CONGRATULATIONS LEANNE KNIBBS

Australian Gymnastics Championships

June 28th – July 12th
2026

The Gymnastics Tasmania Senior State Championships are qualifying events for Women's, Men's and Trampoline gymnasts for the State Team for the Australian Gymnastics Championships (MAG/WAG/TRP)

WATCH THE GYMNASTICS TASMANIA SOCIAL MEDIA PAGES FOR THE
ANNOUNCEMENT OF THE GYMNASTICS STATE TEAM MEMBERS

COMING SOON!



Gymnastics Tasmania

@GymnasticsTasmania · Interest

INSTAGRAM @gymnasticstas

WEBSITE tas.gymnastics.org.au

GT Life Members

Kevin Langdon*

Jan Jones*

Brenda Langdon

Sue Hope*

*deceased

Laurie Seymour

Lynne Andrewartha

Robert Wherrett

Ludmila Vitesnikova

Barry Jacob

Gary Pitchford

Shirley Jacob

Peter Doody

Maureen Norris

Pauline Dittman

John Hargreaves

Mark Moncur

Ben Kelly

Leigh Oswin

Joanne Penny

Anke Moncur

Alison Morgan

Michelle McFadyen

Mardi Eaton

Maggie Smolinski



Gymnastics
Tasmania

Photograph Tasmania

2026 Senior States

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(Available by 30/05/2026)

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