



Boys Team Holiday Training Shedule - January 2023

Program	Week 1					Week 2				
	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
	2/01/2023	3/01/2023	4/01/2023	5/01/2023	6/01/2023	9/01/2023	10/01/2023	11/01/2023	12/01/2023	13/01/2023
Team A		8.00 - 11.30		8.00 - 11.30	8.00 - 11.30 and 12.00 - 2.30	8.00 - 11.30 and 12.00 - 2.30	8.00 - 11.30		8.00 - 11.30	8.00 - 11.30 and 12.00 - 2.30
Team B		8.00 - 11.30		8.00 - 11.30	8.00 - 11.30	8.00 - 11.30	8.00 - 11.30		8.00 - 11.30	8.00 - 11.30
Team C/Gold		8.00 - 11.30 (replaces Saturday)		8.00 - 11.30	8.00 - 11.30	8.00 - 11.30	8.00 - 11.30 (replaces Saturday)		8.00 - 11.30	8.00 - 11.30
Junior Development Bronze		3.00 - 5.00		3.00 - 5.00			3.00 - 5.00		3.00 - 5.00	



Boys Team Holiday Training Shedule - January 2023

Program	Week 3					Week 4				
	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
	16/01/2023	17/01/2023	18/01/2023	19/01/2023	20/01/2023	23/01/2023	24/01/2023	25/01/2023	26/01/2023	27/01/2023
Team A	8.00 - 11.30 and 12.00 - 2.30	8.00 - 11.30		8.00 - 11.30	8.00 - 11.30 and 12.00 - 2.30	8.00 - 11.30 and 12.00 - 2.30	8.00 - 11.30		8.00 - 11.30	8.00 - 11.30 and 12.00 - 2.30
Team B	8.00 - 11.30	8.00 - 11.30		8.00 - 11.30	8.00 - 11.30	8.00 - 11.30	8.00 - 11.30		8.00 - 11.30	8.00 - 11.30
Team C/Gold	8.00 - 11.30	8.00 - 11.30 (replaces Saturday)		8.00 - 11.30	8.00 - 11.30	8.00 - 11.30	8.00 - 11.30 (replaces Saturday)		8.00 - 11.30	8.00 - 11.30
Junior Development Bronze		3.00 - 5.00		3.00 - 5.00			3.00 - 5.00		3.00 - 5.00	