

Interclub, Timetable

Saturday 18th April

TIME	Gym Floor Gym Side	TUM: Warm-up, Competition	
17.30-17.40		TUMBLING COMPETITION SET-UP	
17.40-17.50			
17.50-18.00			
18.00-18.10		Non-Apparatus Warm-up Level 4 M/W	5
18.10-18.20			
18.20-18.30	Non-Apparatus Warm-up Level 5 W & Level 6 M/W	Level 4 M/W Warm-up (10-mins)	6
18.30-18.40		Level 4 M/W Competition	
18.40-18.50	Level 4 Tumbling Presentations	Level 5 W & Level 6 M/W Warm-up (20-mins)	10
18.50-19.00			
19.00-19.10	Non-Apparatus Warm-up Level 7 W & YU13/YU15 W	Level 5 W & Level 6 M/W Competition	
19.10-19.20			
19.20-19.30	Level 5 & Level 6 Tumbling Presentations	Level 7 W & YU13/YU15 W Warm-up (15-mins)	6
19.30-19.40	Non-Apparatus Warm-up JU17 & JNR 17+ W	Level 7 W & YU13/YU15 W Competition	
19.40-19.50			2
19.50-20.00		JU17 & JNR 17+ W Warm-up (10-mins)	2
20.00-20.10		JU17 & JNR 17+ W Competition	
20.10-20.20	Level 7, Youth & Junior Tumbling Presentations	TUMBLING COMPETITION PACK-UP	
20.20-20.30			

Interclub Timetable

Sunday 19th April

TIME	TRP 1: Warm-up & Competition	TRP 2: Warm-up & Competition	DMT: Warm-up & Competition	TUM: Warm-up, Competition (Gym Floor area)			
9.40-9.50			Non- Apparatus Warm-Up Level 1 & Level 2 Mixed	5	Non- Apparatus Warm-Up Level 5, Level 6, Level 7 M/W	18	
9.50-10.00							
10.00-10.10	Level 5, Level 6, Level 7 M Warm-up (20 mins)	9	Warm-up TRP		Level 2 Mixed Warm-up (10-mins)	5	
10.10-10.20			Level 2 Mixed Competition				
10.20-10.30			L2 DMT --> MOVE TO TUM				
10.30-10.40	Level 5, Level 6, Level 7 M TRA Competition	9			Level 1, Level 2 Mixed Warm-up (10-mins)	12	
10.40-10.50					Non- Apparatus Warm-Up Level 3 W - Location TBC		22
10.50-11.00	Level 5, Level 6, Level 7 W Warm-up (20 mins)	9	Warm-up TRP		Level 1, Level 2 Mixed TUM Competition		
11.00-11.10			Level 2 Mixed Warm-up (10-mins)		L1/L2 TUM --> MOVE TO TRA		
11.10-11.20	Level 5, Level 6, Level 7 W TRA Competition	9	6	Level 2 Mixed TRA Competition		Level 3 W Warm-up (10-mins)	8
11.20-11.30				Level 3 W TUM Competition			
11.30-11.40				L3 TUM --> MOVE TO TRA			
11.40-11.50	Level 3 W Group 1 Warm-up (10-mins)	8		Level 5, Level 6, Level 7 M Warm-up (20 mins)	Level 1 & Level 2 Presentations		
11.50-12.00	Level 3 W Group 1 TRA Competition				9		
12.00-12.10				Level 5, Level 6, Level 7 M DMT Competition			
12.10-12.20	Level 3 W Group 2 Warm-up (10-mins)	8					
12.20-12.30	Level 3 W Group 2 TRA Competition			Level 5, Level 6 W Warm-up (15 mins)	5	Non- Apparatus Warm-Up Youth & Junior U17 TRA M/W	6
12.30-12.40				Level 5, Level 6 W DMT Competition			
12.40-12.50			L3 W TRA --> MOVE TO DMT		Level 5, Level 6, Level 7 M/W Presentations		
12.50-13.00	YU13 M, YU15 M, JU17 M/W Warm-up (20 mins)	6		Level 3 W Group 1 Warm-up (10-mins)	9	Non- Apparatus Warm-Up Junior 17+ & SNR TRA M/W	7
13.00-13.10						Level 3 W Group 1 DMT Competition	
13.10-13.20	YU13 M, YU15 M, JU17 M/W TRA Competition			Level 3 W Group 2 Warm-up (10-mins)			
13.20-13.30				Level 3 W Group 2 DMT Competition	9	Non- Apparatus Warm-Up L3 M & L4M/W	16
13.30-13.40	JNR 17+ M/W & SNR M Warm-up (25 mins)	7					
13.40-13.50				Level 4 W Warm-up (10-mins)	9	Level 3 W TRA/DMT Presentations	
13.50-14.00	JNR 17+ M/W & SNR M TRA Competition			Level 4 W DMT Competition			
14.00-14.10			L4 W DMT --> MOVE TO TRA				
14.10-14.20	Level 4 M/W Warm-up (10-mins)	4		Level 3 & Level 4 M Warm-up (10-mins)	12	Level 3 M & Level 4 M/W TRA/DMT Presentations	
14.20-14.30	Level 4 W TRA Competition					Level 3, Level 4 M DMT Competition	
14.30-14.40							Non- Apparatus Warm-Up International DMT M/W
14.40-14.50			L3 & 4 M DMT --> MOVE TO TRA				
14.50-15.00				Youth M/W, JU17 M Warm-up (15 mins)		Level 4 W TRA/DMT Presentations	
15.00-15.10	Level 3 & Level 4 M Warm-up (10-mins)	11			7		
15.10-15.20	Level 3, Level 4 M TRA Competition			YU13 M/W, YU15 M/W, JU17 M DMT Competition			
15.20-15.30							
15.30-15.40				J17+ M/W & SNR M Warm-up (15 mins)		Level 3 & Level 4 M TRA/DMT Presentations	
15.40-15.50				JNR 17+ M/W & SNR M DMT Competition	7		
16.00-16.10						International M/W TRA/DMT Presentations	
16.10-16.20							
16.20-16.30							
16.30-16.40							
16.40-16.50							
16.50-17.00							