



Gymsports Invitational Competition Information 2026

Date: Sunday 19th July

Venue: Kingborough Gymsports – State Gymnastics Centre

Address: 10 Kingston View Drive, Kingston

Uniform: Club Tracksuit, club leotard, (optional) club shorts, white socks, hair tied back neatly with scrunchie.

Clarence athletes to bring their grips and chalk.

COMPETITION INFORMATION

This is the first Junior competition for the year and will involve gymnasts from Kingborough and Clarence only. This allows our new level 3 gymnasts and parents to experience a competition within our own club environment.

Results from the day will be used to make teams for the upcoming Team Spirit competition.

National Clubs Trial – Level 5/6 only:

National Clubs will be held on the Gold Coast in late September/early October. The Gymsports Invitational event will be the selection event for our level 5 and 6 National Clubs Teams. One team across both Clarence and Kingborough venues will be selected for each level. To be considered for selection the gymnasts will need to meet the qualification score (34.5) and be within the top 6 at their level. Teams will be selected using scores from the videos from the event.

Awards/Presentations:

Every gymnast will receive a certificate with their scores from each apparatus competed. Gymnasts will also be setting some goals for the event during their training and completing these on the day.

COMPETITION SESSIONS

Session 1- Level 3: 8.30am-10.10am

Start Time: Be there by 8:15am for an 8:30am warm-up.

Session 2- Level 4: 10.15am-12.05pm

Start Time: Be there by 10:00am for a 10:15am warm-up.

Session 3- Level 5: 12.45pm-3.30pm

Start Time: Be there by 12:30pm for a 12:45pm warm-up.

Session 4- Level 6: 3.30pm-5.25pm

Start Time: Be there by 3:15pm for a 3:30pm warm-up.

REMINDER

The first training session after the competition will be missed. This is already calculated into your competition entry fees.