



## Gymsports Uniform Policy

# 2026

The purpose of this policy is to outline the standards of uniform expected for all Gymsports facilities. This policy ensures an environment of safety, equality and professional presentation at any Gymsports venue or event attended by Gymsports. All gymnasts are expected to wear appropriate uniform during any training or competition session when representing a Gymsports club.

Service  
Delivery



## Gymsports Uniform Policy

**Date of issue:** December 2021

**Date for planned review:** December 2026

<b>PURPOSE &amp; APPLICATION</b>	The purpose of this policy is to outline the standards of uniform expected for all Gymsports facilities. This policy ensures an environment of safety, equality and professional presentation at any Gymsports venue or event attended by Gymsports. All athletes are expected to wear appropriate uniform during any training or competition session held by a Gymsports club.
<b>POLICY STATEMENT</b>	Safety for athletes should be in the forefront of every coach and administrator's mind. To provide a safe environment for gymnastics participation, coaches and administrators must ensure the equipment, facility and programs are suitable for gymnasts. Gymnasts' clothing can become an unsafe factor in training or competition. As a result, all coaches and athletes must take responsibility for attending training and competitions with appropriate clothing, grooming and presentation for the type of activity they are involved in.
<b>GOAL OF THIS POLICY</b>	<ul style="list-style-type: none"> <li>• To provide a uniform policy that allows gymnasts to feel comfortable while training.</li> <li>• To ensure training attire worn at Gymsports venues or while representing Gymsports provides a high level of safety for both athletes and coaches.</li> <li>• To ensure all athletes have a professional appearance when training and at competitions.</li> </ul>
<b>DEFINITIONS</b>	<ul style="list-style-type: none"> <li>• Training Uniform – attire worn by athletes when attending training.</li> <li>• Gymsports Venues – Kingborough Gymsports, Clarence Gymsports, Huon Valley Gymsports</li> </ul>
<b>RESPONSIBILITIES</b>	<ul style="list-style-type: none"> <li>• <b>Team Leaders and Coaches</b> – responsible for ensuring athletes are wearing suitable training attire, as described in the policy.</li> <li>• <b>Athletes</b> – responsible for ensuring their training attire is suitable for training, as described in the policy.</li> <li>• <b>Chief Executive Officer</b> – responsible for Team Program uniform review toward the end of the Olympic cycle.</li> </ul>
<b>PROCEDURES &amp; GUIDELINES</b>	<b>1. TRAINING UNIFORM</b>

	<ul style="list-style-type: none"> <li>Uniform should be sports attire suitable for participating in gymnastics activities. Reasonably fitted attire is recommended to allow gymnastics skills to be performed safely. Hoodies that could cover the face while performing skills or loose clothing that could get caught on equipment are not appropriate.</li> <li>Clothing should be suitable in a family environment, and should not contain any language, wording, or images that may be offensive to others in the gym or bring the club into disrepute.</li> <li>Clothing must allow for coaches to provide coaching feedback or to safely spot an athlete.</li> <li>Small stud earrings or sleepers no larger than 14mm in diameter may be worn; athlete should not wear <ul style="list-style-type: none"> <li>Loose or hanging jewellery that may get caught on equipment or on other participants/coaches when performing activities.</li> <li>Jewellery that may damage equipment such as rings on bars.</li> </ul> </li> <li>Long hair should be tied back to avoid hair becoming caught on equipment or covering the face that may pose a safety issue.</li> </ul> <p><b>2. COMPETITION UNIFORM</b> <i>As described in the competition handbook – review period is every 4 years or when circumstances require.</i></p>
<b>References/Contact</b>	<ul style="list-style-type: none"> <li>Bond Larkin, Chief Executive Officer</li> </ul>
<b>Review of Policy</b>	<ul style="list-style-type: none"> <li>The Board of Advisors, Team Leaders and Athlete representation, will review the policy no later than annually or biannually from the date of implementation or as required</li> <li>The CEO and Board of Advisors will review and approve</li> <li>All relevant parties will be informed of updates and relevant changes</li> </ul>

**CONFIDENTIALITY CLAUSE:**

This policy and procedure and all information collected and disclosed in relation to the same, will be administered in line with our Privacy Policy.

**CURRENT STATUS:**

Version Number            Five

**POLICY ACKNOWLEDGMENT BY MANAGEMENT**

Viewing this document acknowledges that have understood and agree with the new/changed policy and implementation.

**DOCUMENT HISTORY:**

Version	Approving Authority	Approval Date	Comments
5	Bond Larkin	December 2025	
4	Bond Larkin	December 2024	
3	Bond Larkin	December 2023	
2	Bond Larkin	December 2022	
1	Bond Larkin	February 2022	