



High Ropes Activity Day

We are offering a high ropes activity day on Wednesday the 7th October for all Girls Team A, B and C as well as Boys Team A, B and C. The minimum age for the day is 10yrs old.

The course features a number of high and low ropes activities where the athletes will be asked to use both team work and leadership skills to overcome the obstacles while being supported by members of our coaching team and fully trained staff members from Fusion Adventure Based Learning.

Please find a liability release attached which will need to be returned prior to being able to participate on the day.

When: 10am-4pm on Wednesday 7th October
Where: 37 Gryces Road, Kingston
Cost: \$55 per participant. Numbers are limited to 40 participants.
Bookings will close on Monday 5th October

Athletes will need to provide their own and ensure they have closed shoes, warm clothes including a coat. Long hair needs to be tied back.

All bookings are to be done online through our Member Portal. Participants will also be required to fill in a liability form prior to the event.